



Cosmetology (COS)

Program Information

Cosmetology is the study or art of cosmetics and its use. However, in the last 35 years, the word cosmetology has become the study or art of cosmetics and its use. However, in the last 35 years, the word cosmetology has come to be accepted as the study and art of improving a person's appearance. This includes hair, nails, and make-up. Cosmetologists today must know not only how to improve their client's appearance, but also about the chemicals being used that affect the skin, hair and health of the client.

The doors of opportunity are more open today in this career than at any time in history. A cosmetologist, as in any other profession of artistry, is limited only by imagination and education. Cosmetologists' shampoo, cut, style, relax, permanently wave, and color hair. Additionally, cosmetologists are trained and educated to give manicures and pedicures, as well as scalp and facial treatments.

Work ethics are an integral part of the cosmetology program at Trenholm State Community College. Courses such as Business of Cosmetology and Career and Personal Development are essential for the student to own and manage a business as well as work with the public. The goal of the Trenholm State Cosmetology program is to educate students with the knowledge needed to obtain an Alabama State Board of Cosmetology license and to maintain and build a great means of providing for themselves and their families.

The Alabama State Board of Cosmetology requires a written and practical examination to obtain a license to provide cosmetology services to the public in Alabama. To be eligible to apply for this license, the student must complete 1,200 credit unit hours or 1,500 actual clock hours at an accredited cosmetology school. *If a student begins, but does not complete the Cosmetology program, earned hours or grades are only valid or transferrable for

up to one year from the date of the last term hours were earned. If the student returns to complete the program, and they have not been enrolled for more than twelve months from the term of the last earned hours, the student must start the program from the beginning.

Note: This is a clock hour program subject to the U. S. Department of Education revised regulations regarding Pell grant disbursement, effective July 1, 2011.

*Additional information regarding Cosmetology Instructor Training: Applicants for the CIT program must submit a departmental application and complete both an oral and a practical interview and score satisfactorily on these items before being admitted to the program. You must also have a minimum of four years' salon experience as a licensed Cosmetologist in an ABOC registered salon. *The CIT program is an independent study program.

Occupational Choices

Licensed cosmetologists in the state of Alabama are qualified to work in hair salons, nail salons, skin care facilities, day spas, and full service salons both private and public. The number of hours required to obtain the Alabama Cosmetology license, is the same number required for several other states within the United States.

Sources: Bureau of Labor and Statistics Occupational Outlook Handbook, 2015-2016 Edition, 2014 Survey; Alabama Board of Cosmetology Statues and Regulations, 2015 Edition; www.beautyschooldirectory.com

Average Full-Time Wage

The earning capacity of a cosmetologist is open-ended. One may hold varied skills or may specialize in one of two fields. In 2015, the average full-time annual wage for a cosmetologist was \$23,660 to \$47,410. However, there are many whose earnings can and do exceed this base of earnings many times over.

Source: Bureau of Labor and Statistics Occupational Outlook Handbook, 2015-2016 Edition, 2014 Survey

Estimated Program Length & Cost *

Award	Length	Credit Hours	Tuition Fees	Books	Tools	Supplies
Certificate	5 Terms	58	\$8,410	\$1,115	\$395	\$485
Short Term Certificate	2-3 Terms	25	\$3,625	\$530	\$395	\$485
Short Term Certificate	2-3 Terms	22	\$3,190	\$518	\$395	\$485
Short Term Certificate	2-3 Terms	19	\$2,755	\$244	\$395	\$485

* Tax not included. Prices are subject to change without prior notice; cost of books may vary considerably among suppliers. Cost of general education books is in addition to the total listed above. The length of the program is based on full-time status of 12-15 credit hours per term. Enrollment in transitional level general education courses will alter the length of the program.

Additional Requirements

A student shall be at least 16 years of age and shall have an education equivalent to the completion of 10 grades in school.

Awards Available

Certificate

Cosmetology

Short Term Certificate

Cosmetology

Cosmetology Hairshaping and Cosmetic
Applications Concentration

Cosmetology Chemical Applications
Concentration

Short Term Certificate

Cosmetology Instructor Training
(Not Pell Grant Eligible)

Program Contact

Tamara Ward

Program Coordinator/Instructor

334-420-4354

Location: Service Occupations Building
6240 Brewbaker Blvd

As part of ongoing planning and evaluation, the College regularly evaluates student learning outcomes for each program.

Certificate Cosmetology

Required Technical Courses (45 credit hours)

Course	Title	Hrs
COS-111	Introduction to Cosmetology	3
COS-112	Introduction to Cosmetology Lab	3
COS-113	Theory of Chemical Services	3
COS-114	Chemical Services Lab	3
COS-115	Hair Coloring Theory	3
COS-116	Hair Coloring Lab	3
COS-117	Basic Spa Techniques	3
COS-118	Basic Spa Techniques Lab	3
COS-119	Business of Cosmetology	3
COS-125	Career and Personal Development	3
COS-142	Applied Chemistry for Cosmo Lab	3
COS-144	Hair Shaping and Design	3
COS-150	Manicuring	3
COS-167	State Board Review	3
COS-190	Internship	3
	OR COS-191 Co-op	

Required General Education (13 credit hours)

Course	Title	Hrs
COM-100	Vocational Technical English	3
DPT-103	Introductory Computer Skills	3
MAH-101	Introductory Mathematics I	3
ORI-101	Orientation to College	1
SPC-103	Oral Communication Skills	3

Total Hours: 58 Credit Hours; 1,504 Contact Hours

Short Term Certificate Cosmetology Hairshaping & Cosmetic Applications Concentration

Required Technical Courses (24 credit hours)

Course	Title	Hrs
COS-111	Introduction to Cosmetology	3
COS-112	Introduction Cosmetology Lab	3
COS-117	Basic Spa Techniques	3
COS-118	Basic Spa Techniques Lab	3
COS-125	Career and Personal Development	3
COS-142	Applied Chemistry for Cosmo Lab	3
COS-144	Hair Shaping and Design	3
COS-150	Manicuring	3

Required General Education (1 credit hours)

ORI-101	Orientation to College	1
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Total Hours: 25 Credit Hours; 640 Contact Hours

**Short Term Certificate
Cosmetology
Chemical Applications
Concentration**

Required Technical Courses (21 credit hours)

<u>Course</u>	<u>Title</u>	<u>Hrs</u>
COS-113	Theory of Chemical Services	3
COS-114	Chemical Services Lab	3
COS-115	Hair Coloring Theory	3
COS-116	Hair Coloring Lab	3
COS-119	Business of Cosmetology	3
COS-167	State Board Review	3
COS-190	Internship	3
	OR COS-191 Co-op	

Required General Education (1 credit hours)

<u>Course</u>	<u>Title</u>	<u>Hrs</u>
ORI-101	Orientation to College	1

Total Hours: 22 Credit Hours; 688 Contact Hours

**Short Term Certificate
Cosmetology
Instructor Training ***

(This award is not Pell Grant Eligible)

Required Technical Courses (18 credit hours)

<u>Course</u>	<u>Title</u>	<u>Hrs</u>
CIT-211	Teaching & Curriculum Development	3
CIT-212	Teacher Mentorship	3
CIT-213	Lesson Plan Development	3
CIT-221	Lesson Plan Implementation	3
CIT-222	Instructional Materials & Methods	3
CIT-223	Instrctnl Materials/Methods Apps	3

Required General Education (1 credit hours)

<u>Course</u>	<u>Title</u>	<u>Hrs</u>
ORI-101	Orientation to College	1

Total Hours: 19 Credit Hours; 488 Contact Hours

* The CIT Program is an independent study program. Applicants for the CIT program must submit a departmental application and complete both an oral and a practical interview and score satisfactorily on these items before being admitted to the program. You must also have a minimum of four years' salon experience as a licensed Cosmetologist in an ABOC registered salon.

Course Descriptions for Cosmetology (COS)

Course #	Course Title	Theory Contact Hours/Wk	Lab Contact Hours/Wk	Credit Hours
COS-111	INTRODUCTION TO COSMETOLOGY PREREQUISITE: None. (COREQUISITE: COS-112 or permission of instructor.) This course is designed to provide students with an overview of the history and development of cosmetology and standards of professional behavior. Students receive basic information regarding principles and practices of infection control, diseases, and disorders. Additionally students receive introductory information regarding hair design. The information presented in this course is enhanced by hands-on application performed in a controlled lab environment. Upon completion, students should be able to apply safety rules and regulations and write procedures for skills identified in this course. This is a CORE course.	3	0	3
COS-112	INTRODUCTION TO COSMETOLOGY LAB PREREQUISITE: None. (COREQUISITE: COS-111 or permission of instructor.) In this course, students are provided the practical experience for sanitation, shampooing, hair shaping, and hairstyling. Emphasis is placed on disinfection, shampooing, hair shaping, and hairstyling for various types of hair for men and women. This course offers opportunities for students to put into practice concepts learned in the theory component from COS-111. This is a CORE course.	0	6	3
COS-113	THEORY OF CHEMICAL SERVICES PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-114 or permission of instructor.) During this course students learn concepts of theory of chemical services related to the chemical hair texturing. Specific topics include basics of chemistry and electricity, properties of the hair and scalp, and chemical texture services. Safety considerations are emphasized throughout this course. This course is foundational for other courses providing more detailed instruction on these topics. This is a CORE course.	3	0	3
COS-114	CHEMICAL SERVICES LAB PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-113 or permission of instructor.) During this course students perform various chemical texturing activities. Emphasis is placed on cosmetologist and client safety, chemical use and handling, hair and scalp analysis, and client consulting. This is a CORE course.	0	6	3
COS-115	HAIR COLORING THEORY PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-116 or permission of instructor.) In this course, students learn the techniques of hair coloring and hair lightening. Emphasis is placed on color application, laws, levels and classifications of color and problem solving. Upon completion, the student should be able to identify all classifications of hair coloring and the effects of the hair. This is a CORE course.	3	0	3
COS-116	HAIR COLORING LAB PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-115 or permission of instructor.) In this course, students apply hair coloring and hair lightening techniques. Topics include consultation, hair analysis, skin test and procedures and applications of all classifications of hair coloring and lightening. Upon completion, the student should be able to perform procedures for hair coloring and hair lightening. This is a CORE course.	0	6	3
COS-117	BASIC SPA TECHNIQUES PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-118 or permission of instructor.) This course is the study of cosmetic products, massage, skin care, and hair removal, as well as identifying the structure and function of various systems of the body. Topics include massage, skin analysis, skin structure, disease and disorder, light therapy, facials, facial cosmetics, anatomy, hair removal, and nail care. Upon completion, the student should be able to state procedures for analysis, light therapy, facials, hair removal, and identify the structures, functions, disorders of the skin, and nail care. This is a CORE course.	3	0	3
COS-118	BASIC SPA TECHNIQUES LAB PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-117 or permission of instructor.) This course provides practical applications related to the care of the skin and related structure. Emphasis is placed on facial treatments, product application, skin analysis, massage techniques, facial make-up, hair removal, and nail care. Upon completion, the student will be able to prepare clients, assemble sanitized materials, follow procedures for product application, recognize skin disorders, demonstrate facial massage movement, cosmetic application, and hair removal using safety and sanitary precautions, and nail care. This is a CORE course.	0	3	3
COS-119	BUSINESS OF COSMETOLOGY PREREQUISITE: NONE This course is designed to develop job-seeking and entry-level management skills for the beauty industry. Topics include job seeking, leadership and entrepreneurship development, business principles, business laws, insurance, marketing, and technology issues in the workplace. Upon completion, the student should be able to list job seeking and management skills and the technology that is available for use in the salon.	3	0	3

Course #	Course Title	Theory Contact Hours/Wk	Lab Contact Hours/Wk	Credit Hours
COS-125	CAREER AND PERSONAL DEVELOPMENT PREREQUISITE: None. This course provides the study and practice of personal development and career building. Emphasis is placed on building and retaining clientele, communication skills, customer service, continuing education, and goal setting. Upon completion, the student should be able to communicate effectively and practice methods for building and retaining clientele.	3	0	3
COS-142	APPLIED CHEMISTRY FOR COSMETOLOGY LAB PREREQUISITE: As required by college. This course provides practical applications of the knowledge and skin learned in reference to chemical reactions, as well as the chemical application to the hair and skin. Emphasis is placed on knowledge of basic chemistry, pH scale, cosmetic chemistry, and physical and chemical changes in the hair and skin structure. Upon completion, the student should be able to determine the proper chemical product for each prescribed service.	0	6	3
COS-144	HAIR SHAPING AND DESIGN PREREQUISITE: COS-111, COS-112 In this course, students learn the art and techniques of hair shaping. Topics include hair sectioning, correct use of hair shaping implements, and elevations used to create design lines. Upon completion, the student should be able to demonstrate the techniques and procedures for creating hair designs.	1	5	3
COS-150	MANICURING PREREQUISITE: None. This course focuses on the theory and practice of nail care. Topics include sanitation, nail structure, nail disorders and diseases, manicuring, pedicuring, nail wrapping, sculptured nails and acrylic overlays.	1	5	3
COS-167	STATE BOARD REVIEW PREREQUISITE: Permission of Instructor Students are provided a complete review of all procedures and practical skills pertaining to their training in the program. Upon completion, the student should be able to demonstrate the practical skills necessary to complete successfully the required State Board of Cosmetology examination and entry-level employment. Course may be repeated.	1	5	3
COS-190	INTERNSHIP IN COSMETOLOGY PREREQUISITE: As required by college. This course is designed to provide exposure to cosmetology practices in non-employment situations. Emphasis is on dependability, attitude, professional judgment, and practical cosmetology skills. Upon completion, the student should have gained skills necessary for entry-level employment.	0	15	3
COS-191	CO-OP PREREQUISITE: As required by college. This course provides work experience with a college-approved employer in an area related to the student's program of study. Emphasis is placed on integrating classroom learning with related work experience. Upon completion, students should be able to evaluate career selection, demonstrate employability skills, and satisfactorily perform work-related competencies.	0	15	3
*CIT-211	TEACHING AND CURRICULUM DEVELOPMENT PREREQUISITE: Licensed cosmetologist (with 4 years' experience in ABOC registered salon). This course focuses on principles of teaching, teaching maturity, personality conduct, and the development of cosmetology curriculum. Emphasis is placed on teacher roles, teaching styles, teacher challenges, aspects of curriculum development, and designing individual courses. Upon completion, the student should be able to describe the role of teacher, identify means of motivating students, develop a course outline, and develop lesson plans. This is a CORE course for CIT.	3	0	3
*CIT-212	TEACHER MENTORSHIP PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOC registered salon). (COREQUISITE: CIT-211 or permission of instructor.) This course is designed to provide the practice through working with a cosmetology instructor in a mentoring relationship. Emphasis is placed on communication, student assessment, and assisting students in the lab. Upon completion, the student should be able to communicate with students, develop a course of study, and apply appropriate teaching methods. This is a CORE course for CIT.	0	9	3

Course #	Course Title	Theory Contact Hours/Wk	Lab Contact Hours/Wk	Credit Hours
*CIT-213	LESSON PLAN DEVELOPMENT	3	0	3
PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOC registered salon). (COREQUISITE: CIT-211, CIT-212 or permission of instructor.) The course introduces students to methods for developing lesson plans. Emphasis is placed on writing lesson plans and on the four-step teaching plan. Upon completion, students should be able to write daily lesson plans and demonstrate the four-step teaching method. This is a CORE course for CIT.				
*CIT-221	LESSON PLAN IMPLEMENTATION	0	9	3
PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOC registered salon). This course is designed to provide practice in preparing and using lesson plans. Emphasis is placed on organizing, writing, and presenting lesson plans using the four-step teaching method. Upon completion, students should be able to prepare and present a lesson using the four step teaching method. This is a CORE course for CIT.				
*CIT-222	INSTRUCTIONAL MATERIALS AND METHODS	3	0	3
PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOC registered salon). (COREQUISITE: CIT-223 or permission of instructor.) This course focuses on visual and audio aids and materials. Emphasis is placed on the use and characteristics of instructional aids. Upon completion, the student should be able to prepare teaching aids and determine their most effective use. This is a CORE course for CIT.				
*CIT-223	INSTR'L MATERIALS & METHODS APPLICATIONS	0	9	3
PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOC registered salon). (COREQUISITE: CIT-222 or permission of instructor.) This course is designed to provide practice in preparing and using visual and audio aids and materials. Emphasis is placed on the preparation and use of different categories of instructional aids. Upon completion, the student should be able to prepare and effectively present different types of aids for use with a four-step lesson plan. This is a CORE course for CIT.				

*ALL CIT courses are taught as independent study courses. Since the program is a combination of theory/practical preparation, the CIT student is required to attend classes daily. Therefore, the CIT student is to use the time actually spent in the department from Monday thru Thursday: 1) for observation of instruction, 2) to work on assignments, and 3) to prepare for tests.