



Nursing Assisting/ Home Health Aide (NAS)

Program Information

Nursing Assistants/Home Health Aides are trained to perform routine tasks under the supervision of nursing and medical staff. They maintain a safe environment and perform selected tasks related to the personal hygiene and comfort of patients in private homes, nursing homes, hospitals, and long-term facilities. Nursing assistants observe patients' physical, mental, and emotional conditions and report any changes to the nursing or medical staff. Upon completion of the program, the graduate is eligible to take the Certification Examination for Nursing Assisting given by the National Nurse Aide Assessment Program (NNAAP).

Occupational Choices

The Nursing Assistants/Home Health Aide is projected to be one of the faster growing occupations through 2022. Numerous job openings and excellent job opportunities are expected. Most jobs are in nursing, residential care facilities, hospitals, clinics, physicians' offices and home health care agencies.

Source: U. S. Department of Labor Occupational Outlook Handbook, 2016-17 Edition, 2015 Survey

Average Full-Time Wage

Numerous job openings are expected in nursing, residential care facilities, and hospitals. In May 2015, the wages ranged from between \$18,770 to \$25,580 yearly and \$12.36 per hour. Some specialty areas (psychiatric) offer top \$39,030 yearly.

Source: U. S. Department of Labor Occupational Outlook Handbook, 2016-17 Edition, 2015 Survey

Additional Requirements

- Student must be at least 17 years of age.
- Eligible applicants must submit a drug and PPD (Tuberculosis) screening from a certified physician and have a satisfactory background check.

Students entering the Nursing Assisting/Home

Health Aide program must be able to perform the following essential functions:

1. Ability to read, comprehend, and write legibly in the English language.
2. Possess the visual acuity to read, write, and assess the patient and the environment (with or without corrective lenses).
3. Ability to hear sounds produced by the body and the environment.
4. Ability to send and receive verbal messages and to respond appropriately.
5. Ability to perform correctly simple mathematical computations.
6. Ability to walk and maintain balance without the use of a cane, a walker, or crutches.
7. Demonstrate adequate hand-eye coordination.
8. Oriented to reality and not mentally impaired by mind-altering substances.
9. Possess the tactile ability to feel body characteristics.
10. Ability to position and transfer patients with assistance as needed.
11. Ability to transport self and patient without the use of electrical devices.

Awards Available

Short Term Certificate
Nursing Assisting/Home Health Aide

Program Contact

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Program Coordinator/Instructor
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Location: Trenholm Campus - Bldg. B

As part of ongoing planning and evaluation, the College regularly evaluates student learning outcomes for each program.

Estimated Program Length & Cost *

Award	Length	Credit Hours	Tuition Fees	Books	Tools	Supplies
Short Term Certificate	2 Terms	23	\$3,335	\$350	0	\$250

* Tax not included. Prices are subject to change without prior notice; cost of books may vary considerably among suppliers. Cost of general education books is in addition to the total listed above. The length of the program is based on full-time status of 12-15 credit hours per term. Enrollment in transitional level general education courses will alter the length of the program.

Short Term Certificate Nursing Assisting Home Health Aide

Required Technical Courses (16 credit hours)

<u>Course</u>	<u>Title</u>	<u>Hrs</u>
NAS-111	Fundamentals of Long Term Care	5
NAS-112	Fund of Long Term Care Clinical	2
NAS-113	Fund of Home Health Care	5
NAS-114	Home Health Clinical	2
NAS-115	CPR & First Aid	2

Required General Education (7 credit hours)

<u>Course</u>	<u>Title</u>	<u>Hrs</u>
ENG-100	Vocational Tech English I or ENG-101*	3
MTH-101	Introductory Mathematics I or MTH-116 or MTH-100*	3
ORI-101	Orientation to College	1

Total Hours: 23 Credit Hours; 656 Contact Hours

* ENG-101, MTH-116 and MTH-100 require high school diploma or GED.

Course Descriptions for Nursing Assisting/Home Health Aide (NAS)

Course #	Course Title	Theory Contact Hours/Wk	Lab Contact Hours/Wk	Clinical Contact Hours/Wk	Credit Hours
NAS-111	FUNDAMENTALS OF LONG TERM CARE COREQUISITE: NAS 112, NAS 113, NAS 114 This course provides the student with necessary theory and laboratory experiences for the development of skills required of the long term care nursing assistant. Emphasis is placed on infection control, safety, body mechanics, communications, observation, and personal and restorative care. Upon completion of this course, students should be able to apply theoretical concepts to care of the resident/client and perform skills in accordance with the Omnibus Budget Reconciliation Act (OBRA) 1987 guidelines. This course is offered at least one term every year.	3	2(3)	0	5
NAS-112	FUND OF LONG TERM CARE CLINICAL COREQUISITE: NAS 111, NAS 113, NAS 114 This course is designed to assist the student to develop the knowledge, attitudes and skills needed to perform basic nursing care safely and efficiently in a supervised long term care clinical setting. Emphasis is placed on the application of knowledge, attitudes and skills appropriate for the long term care nursing assistant. Upon completion of this course, the student should demonstrate beginning competence in the delivery of care to the client in a long term care facility. This course is offered at least one term every year.	0	0	2(3)	2
NAS-113	FUNDAMENTALS OF HOME HEALTH CARE COREQUISITE: NAS 111, NAS 112, NAS 114 This course provides the student with the necessary theory and laboratory experiences for the development of skills required to qualify as a Home Health Aide. Emphasis is placed on the acquisition of skills in communication, observation, mobility, personal care, and infection control that are required to care for the home-bound client of all ages. Upon completion of this course, the student should be able to apply concepts and skills in areas required by the Omnibus Budget Reconciliation Act (OBRA) 1987 and the National Association of Home Care. This course is offered at least one term every year.	3	2(3)	0	5
NAS-114	HOME HEALTH AID CLINICAL COREQUISITE: NAS 111, NAS 112, NAS 113 This course is designed to assist the student to develop knowledge, attitudes and skills needed to perform basic nursing care safely and efficiently in a supervised home health care clinical setting. Emphasis is placed on application of knowledge, attitudes, and skills appropriate for the home health care aide. Upon completion of this course, the student will demonstrate beginning competence in care of the client in the home care setting. This course is offered at least one term every year.	0	0	2(3)	2
NAS-115	CPR & BASIC FIRST AID PREREQUISITE: None This course is designed to help the student feel more confident and act appropriately in an emergency situation. Emphasis is placed on providing the student with theoretical concepts to develop skills in basic first aid and cardiopulmonary resuscitation. Upon successful course completion, which includes specific competencies in basic life support, the student will receive appropriate course completion documentation. This course is offered at least one term every year.	8	5(15)	4(12)	17